



## Provisional Scientific Programme

### INTERNATIONAL CONFERENCE ON MEDITERRANEAN DIET AND GASTRONOMY

*Linking Innovation, Sustainability and Health*

**1<sup>st</sup> day – 15<sup>th</sup> October 2018**

**8:30am** Registration

**9:00am** Opening session

**9:30am** Presentation of the “Sabor Sur” project

#### **Mediterranean Diet: History and Benefits**

**9:50am** Plenary Session: Filipe Themudo Barata (University of Évora)  
*The History of the Mediterranean Diet*

**10:20am** Oral communications

**10:40am** Debate

**11:00am** Coffee Break with Poster Presentation

**11:30am** Plenary Session: Pedro Moreira (University of Porto)  
*Mediterranean Diet and Health*

**12:00pm** Oral communications (2)

**12:20pm** Plenary Session: Anna Lins (Estoril Higher Institute for Tourism and Hotel Studies)

**12:45pm** Debate

**1:00pm** Show Cooking & Lunch Break

#### **Determinants of Food Preferences and Choices**

**2:00pm** Plenary Session: Sara Spinelli (University of Florence & Italian Sensory Science Society)  
*Sensory and hedonic responses to foods and their components*

**2:30pm** Plenary Session: Martine Morzel (The Centre for Taste and Feeding Behaviour)  
*Saliva signatures related to taste perception and diet*

**2:50pm** Plenary Session: Francis Canon (The Centre for Taste and Feeding Behaviour)  
*Interactions between saliva, mucosae and aromas*

**3:10pm** Oral communications (3)

**3:40pm** Debate

**4:00pm** Coffee break

<b>4:30pm</b>	Plenary Session: Carlos Ribeiro (Champalimaud Center for the Unknown)
<b>5:00pm</b>	Oral communications (2)
<b>5:20pm</b>	Debate
<b>5:45pm</b>	Social programme
<b>8:00pm</b>	Conference dinner

## 2<sup>nd</sup> day – 16<sup>th</sup> October 2018

### Innovative and sustainable practices

<b>9:00am</b>	Plenary Session: Charles Spence (University of Oxford) Multisensory perception of food
<b>9:30am</b>	Plenary Session: To be defined
<b>9:50am</b>	Oral presentations (3)
<b>10:20am</b>	Debate
<b>10:30</b>	Coffee Break
<b>11:00am</b>	Plenary Session: Maria Raquel Lucas (University of Évora)
<b>11:20am</b>	Oral communications (3)
<b>11:50am</b>	Plenary Session: Teresa Pinto Correia & Maria Rivera Mendez (H2020 SALSA) <i>For the diversity of the Mediterranean Diet – the hidden role of the small family farmers</i>
<b>12:15am</b>	Debate
<b>12:30am</b>	Lunch Break
<b>1:30pm</b>	Plenary Session: Isabel Ferreira (Polytechnic Institute of Bragança) <i>Espécies mediterrânicas: potencial nutricional, bioativo e de exploração de novos ingredientes</i>
<b>2:00pm</b>	Plenary Session: To be defined
<b>2:30pm</b>	Oral communications (2)
<b>2:50pm</b>	Plenary Session: To be defined
<b>3:15pm</b>	Debate
<b>3:30pm</b>	Coffee Break
<b>4:00pm</b>	Plenary Session: Ricardo Bonacho (Estoril Higher Institute for Tourism and Hotel Studies)

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*Gastronomy as a way of promoting sustainability: the role of gastronomy schools*

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**4:30pm** Plenary Session: To be defined

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**5:00pm** Closing Session

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